



## Současný stav poznatků o léčbě MM: co znamenají pro klinickou praxi? (Výstupy z klinických studií vs. klinická praxe)

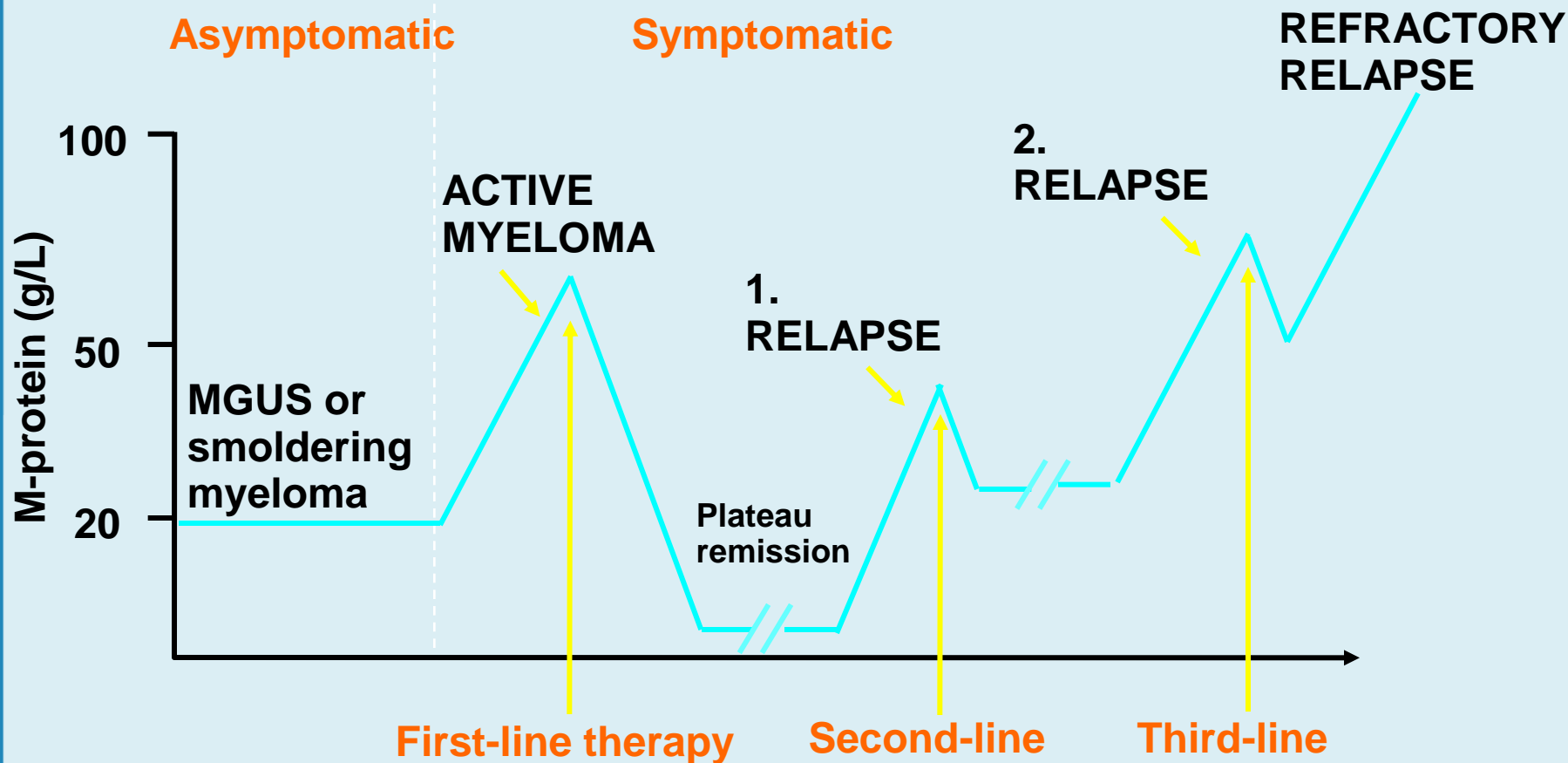


## Mikulov 2014

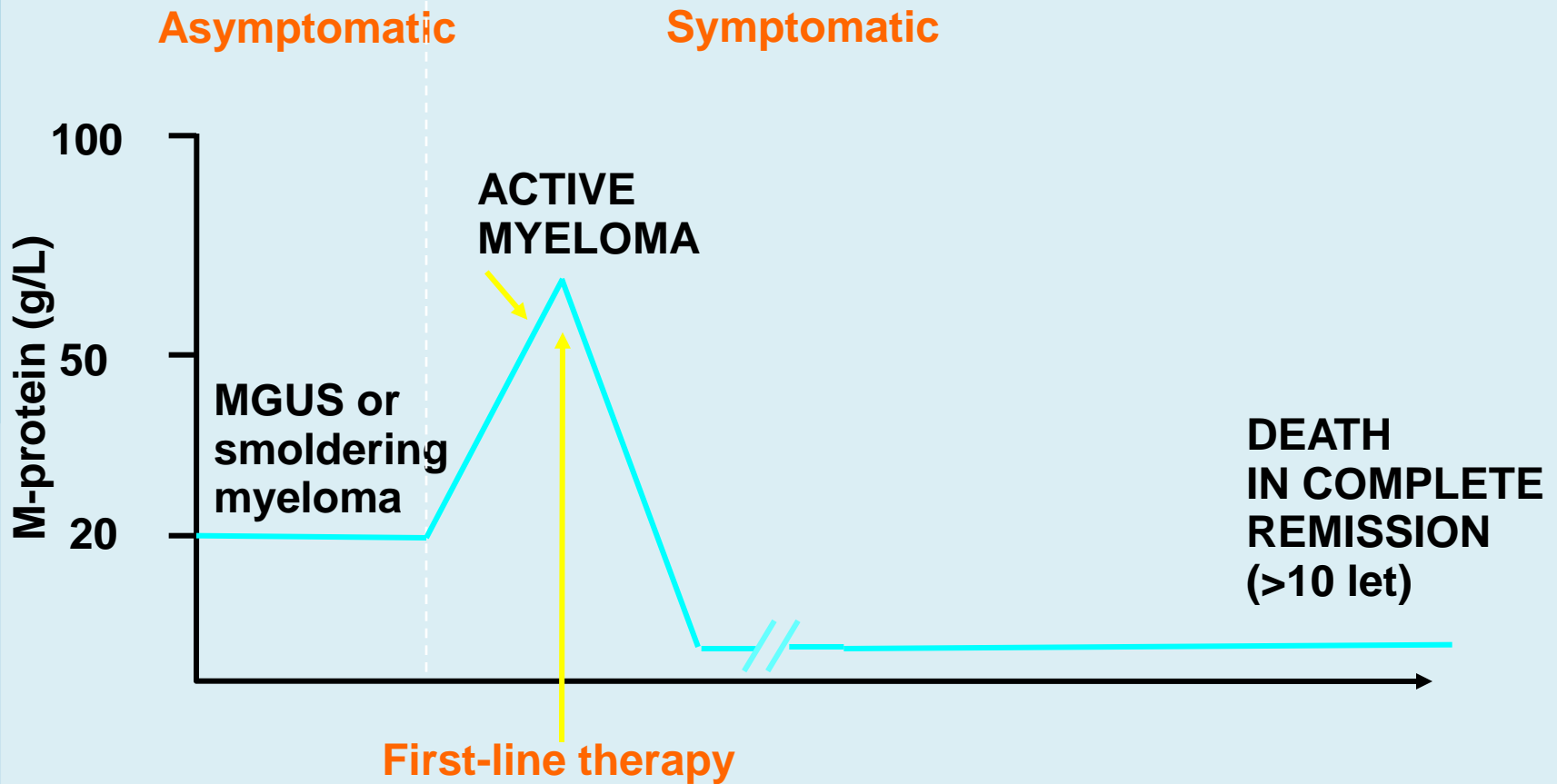
*Tato prezentace vznikla za finanční podpory  
společnosti Janssen-Cilag s.r.o.*

# Úvod

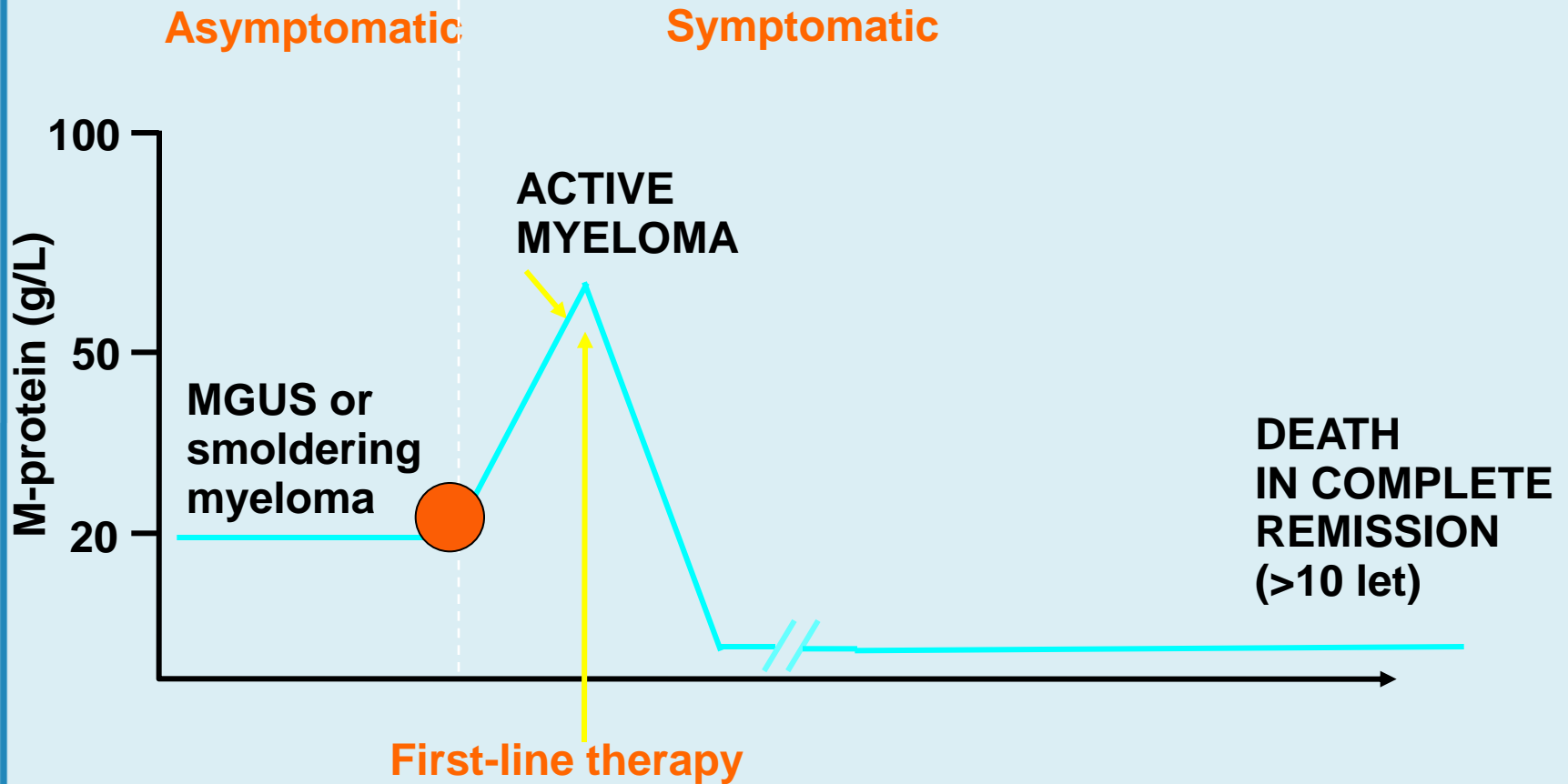
# Natural history of multiple myeloma



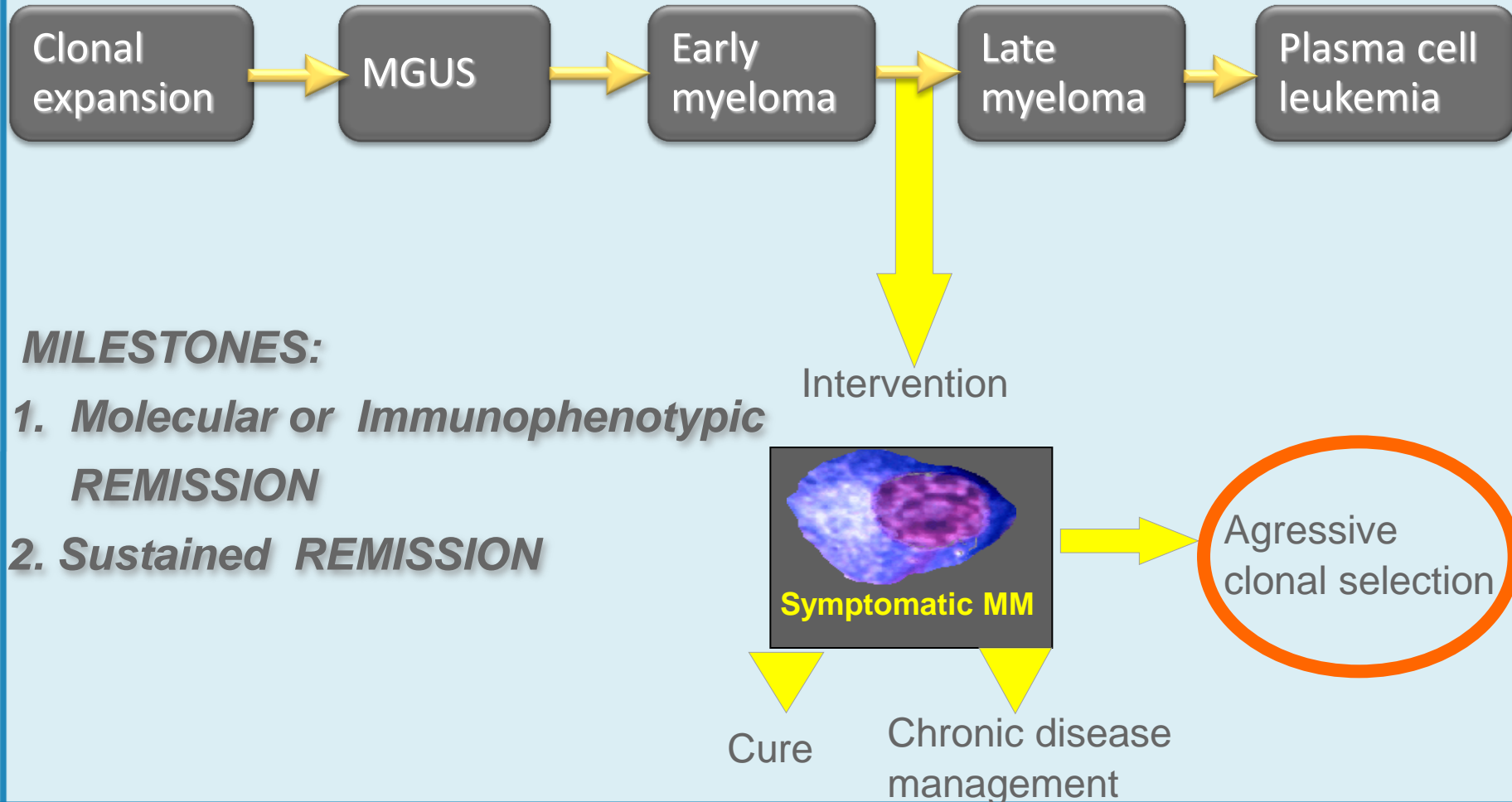
# Natural history of multiple myeloma



# Natural history of multiple myeloma



# MM: Oncology perspective



# Personalised medicine & „targeted“ treatment?



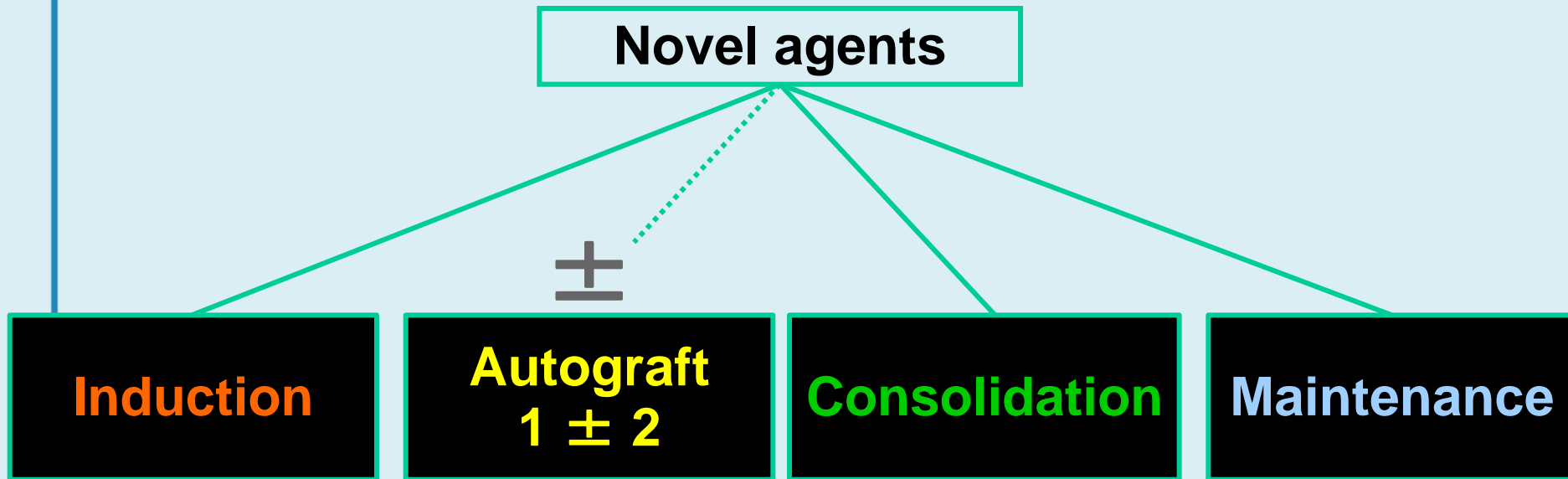
**We need novel therapeutic strategies**

**Personalised medicine  
&  
„targeted“ treatment?**

# From diagnosis to treatment

ALL (TWO) novel drugs  
+  
glucocorticoids and alkylating agents  
  
upfront

# NEW treatment paradigm for newly diagnosed patients



Multi Agent Sequential Therapy Targeting Different Clones

# Recommendation in CMG guidelines for Czech Republic

Novel agents

Induction

Autograft  
1 ± 2

Consolidation

Maintenance

VTD

MEL 200  
1 ± 2

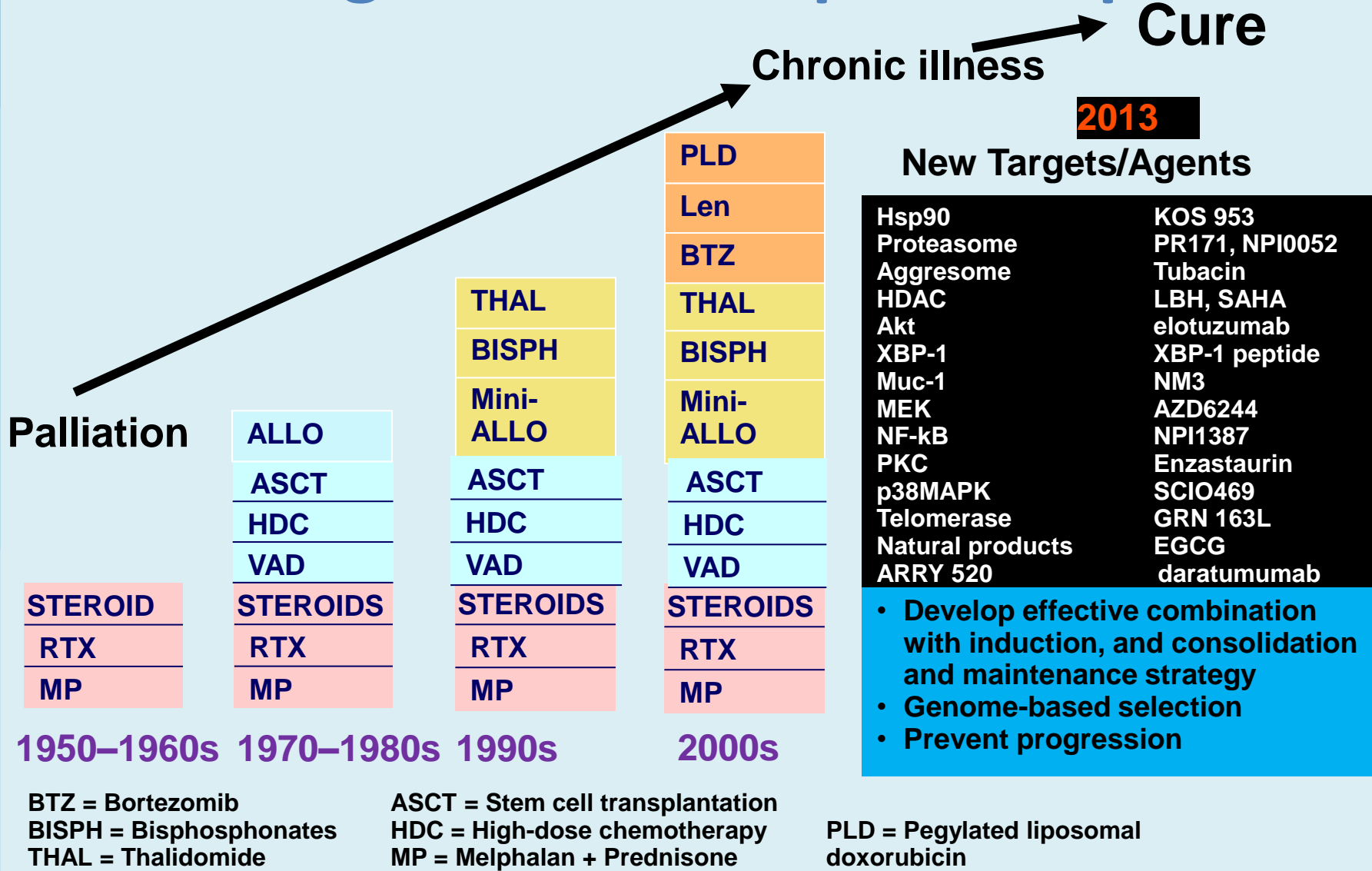
V(T)D/CTD

Len 10 mg

Multi Agent Sequential Therapy Targeting Different Clones

# Klíčové účinné léky u MM

# MM: Progress in Therapeutic Options



# MM:Progress in Therapeutic Options

## Key effective drugs

**Alkylating agents**

**Glucocorticoids**

**IMiDs**

**Proteasome  
inhibitors**

# MM:Progress in Therapeutic Options

## Key effective drugs

**Alkylating agents**

**melphalan  
cyclophosphamid  
bendamustin**

**Glucocorticoids**

**prednisolon  
dexamethason**

**IMiDs**

**thalidomide  
lenalidomide  
pomalidomide**

**Proteasome  
inhibitors**

**i.v. : bortezomib, carfilzomib, MLN, marizomib  
s.c.: bortezomib  
p.o.: MLN (ixazomib), oprozomib, delanzomib**



# MM: Progress in Therapeutic Options

## Key effective drugs

Alkylating agents

Glucocorticoids

IMiDs

Proteasome  
inhibitors

Přes obrovský vývoj nových molekul potenciálně účinných u MM patří a ještě delší dobu budou patřit tyto 3 (USA) 4 (EU) klíčové skupiny léků mezi „NEJ“ u MM

# IMiDs and Proteasome inhibitors

- **Multiple mechanisms of action**
- **Strong anti-myeloma effect**
- **Non targeted drugs**
- **No predictors of sensitivity/resistance**

1. Kupperman E, et al. Cancer Res 2010; 70(5): 1970-80
2. Chauhan D, et al. Clin Cancer Res 2011;17(16):5311–21
3. Lee EC, et al. Clin Cancer Res 2011; 17(23): 7313-23
4. Chattopadhyay N et al. AACR 2011, Orlando, FL, USA (Abstract 2828)

# Možnosti stávající léčby

© 2013 Millennium Pharmaceuticals, Inc.

# MM: Progress in Therapeutic Options

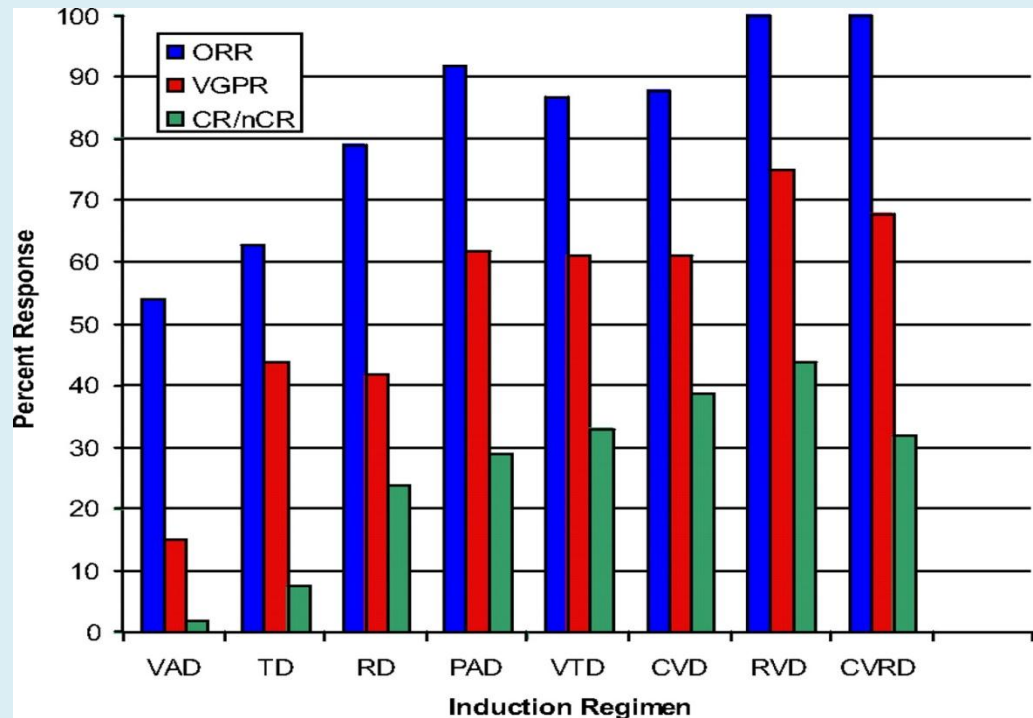
## Key effective drugs

Alkylating agents

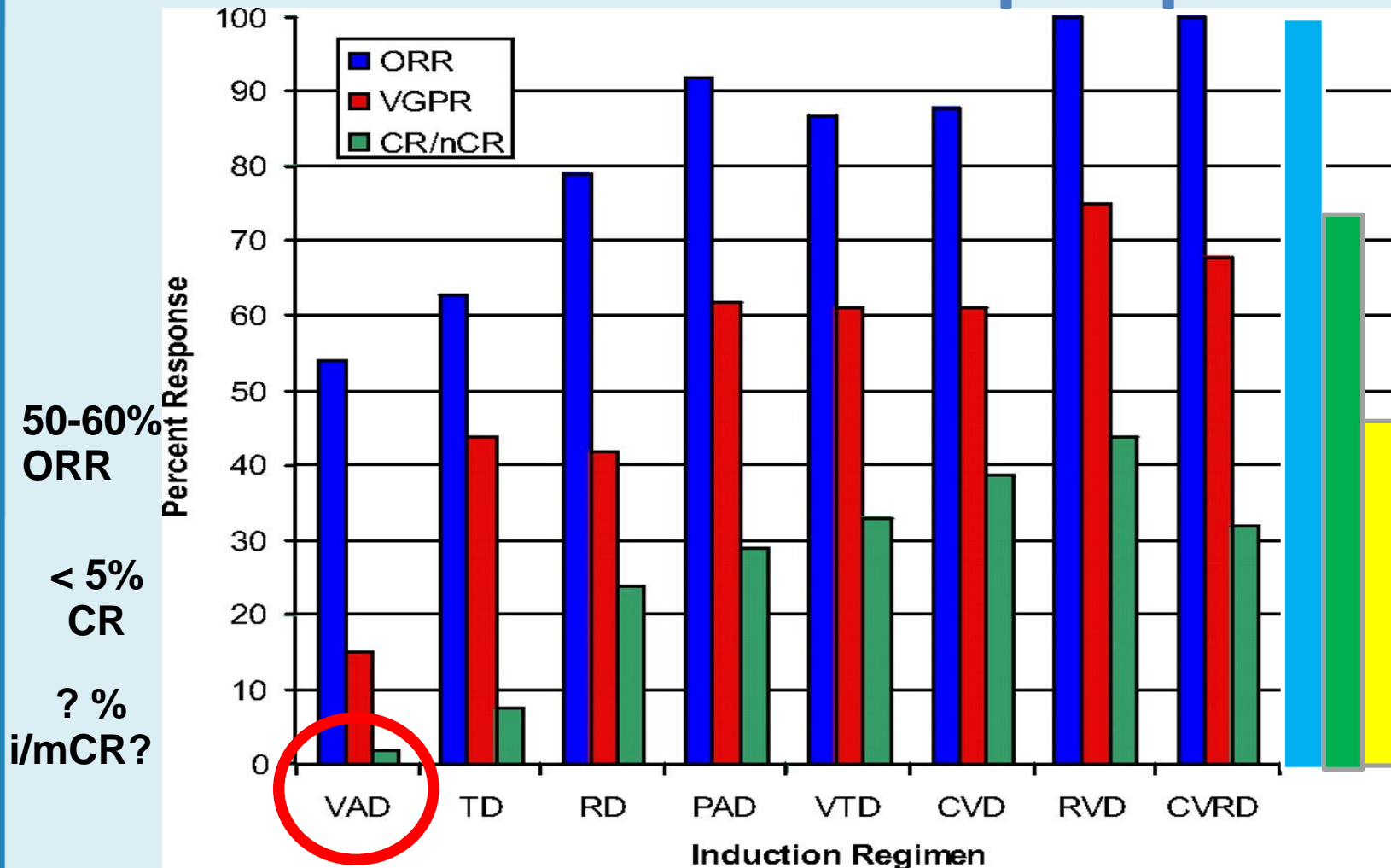
Glucocorticoids

IMiDs

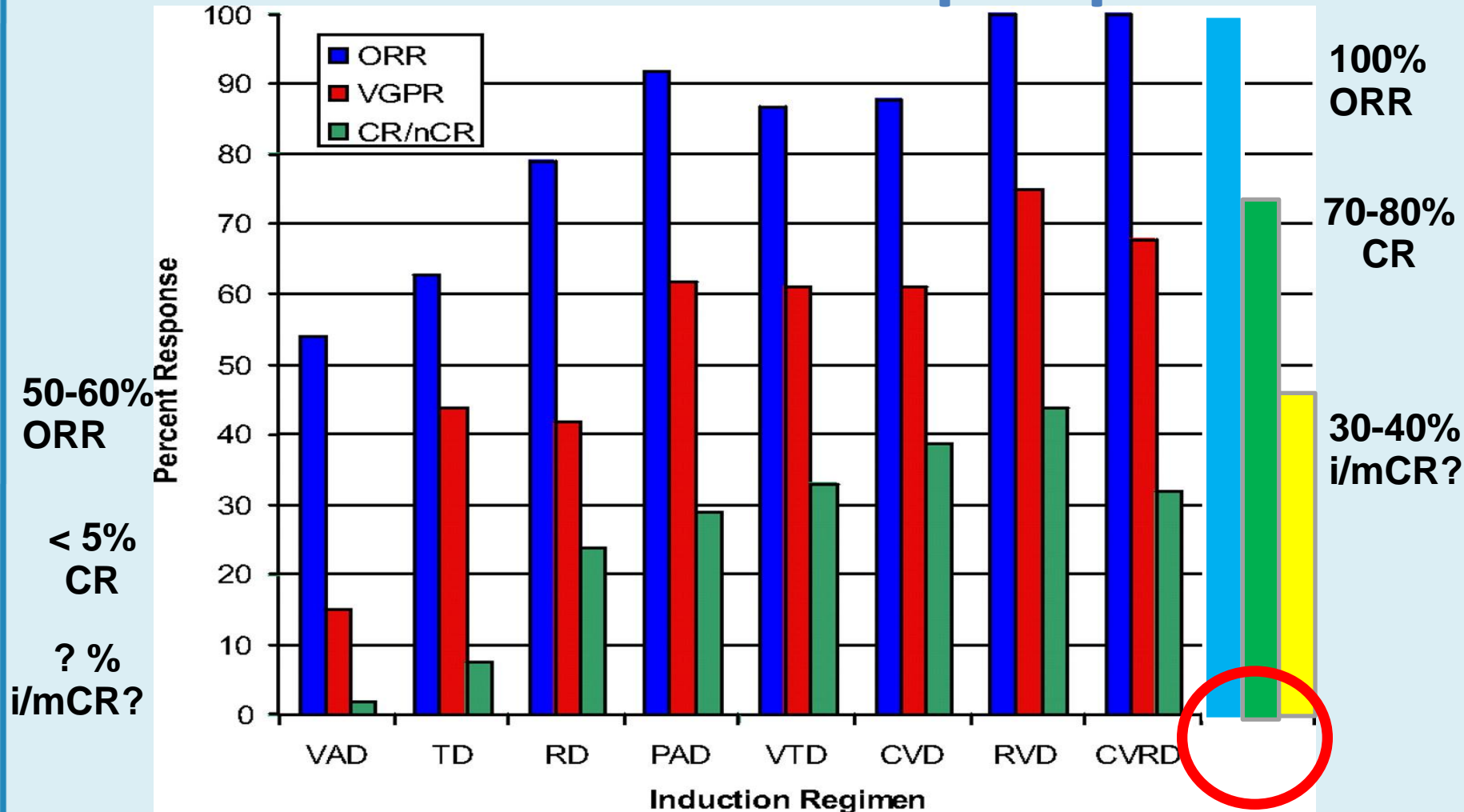
Proteasome inhibitors



# Combinations in the upfront treatment of MM – near perspective

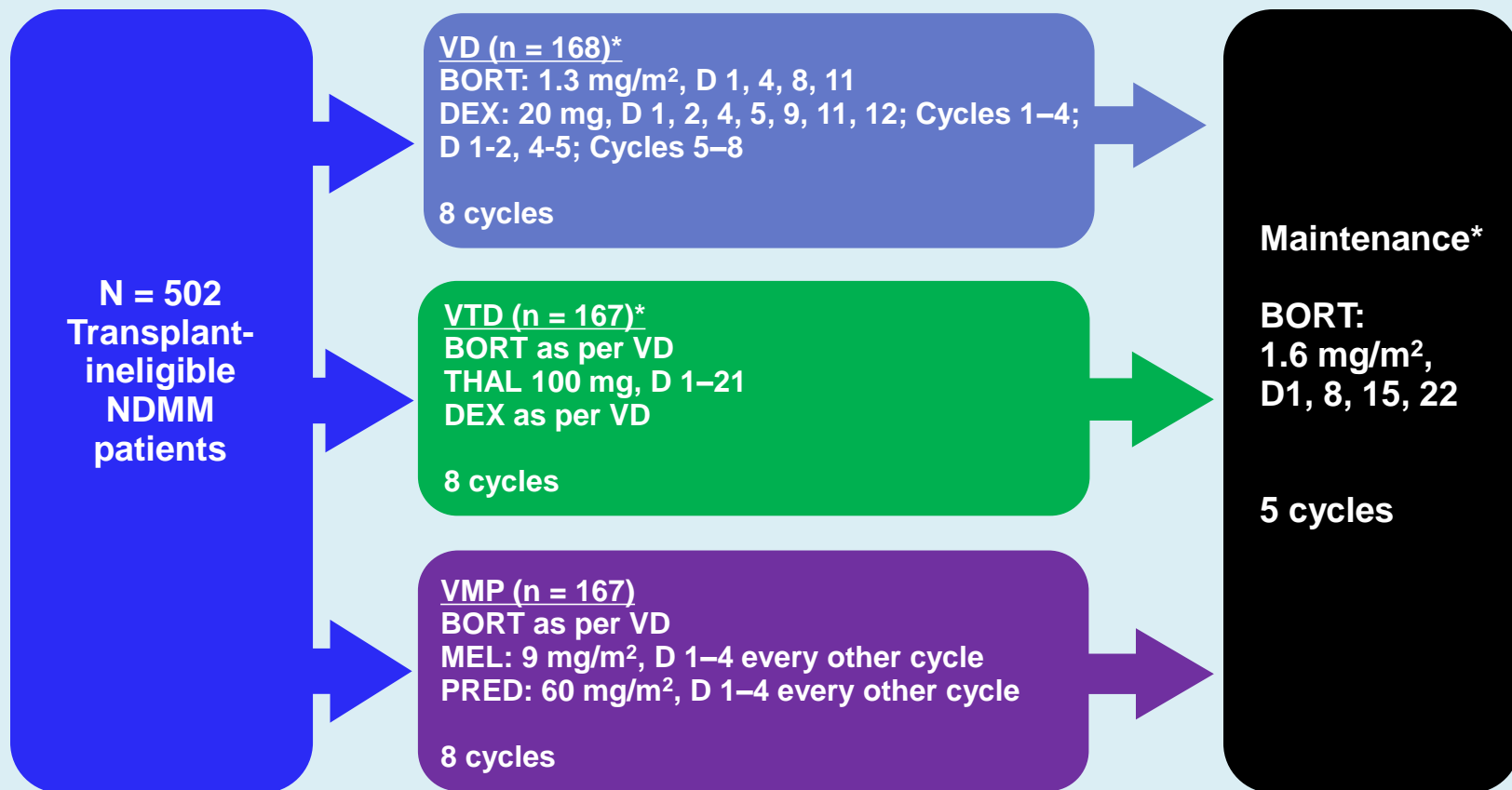


# Combinations in the upfront treatment of MM – near perspective



# MM - Kombinace IMiDs a PIs

# Bortezomib Combinations as Induction Therapy for Elderly NDMM Patients (Phase 3 UPFRONT Trial): *Final analysis*



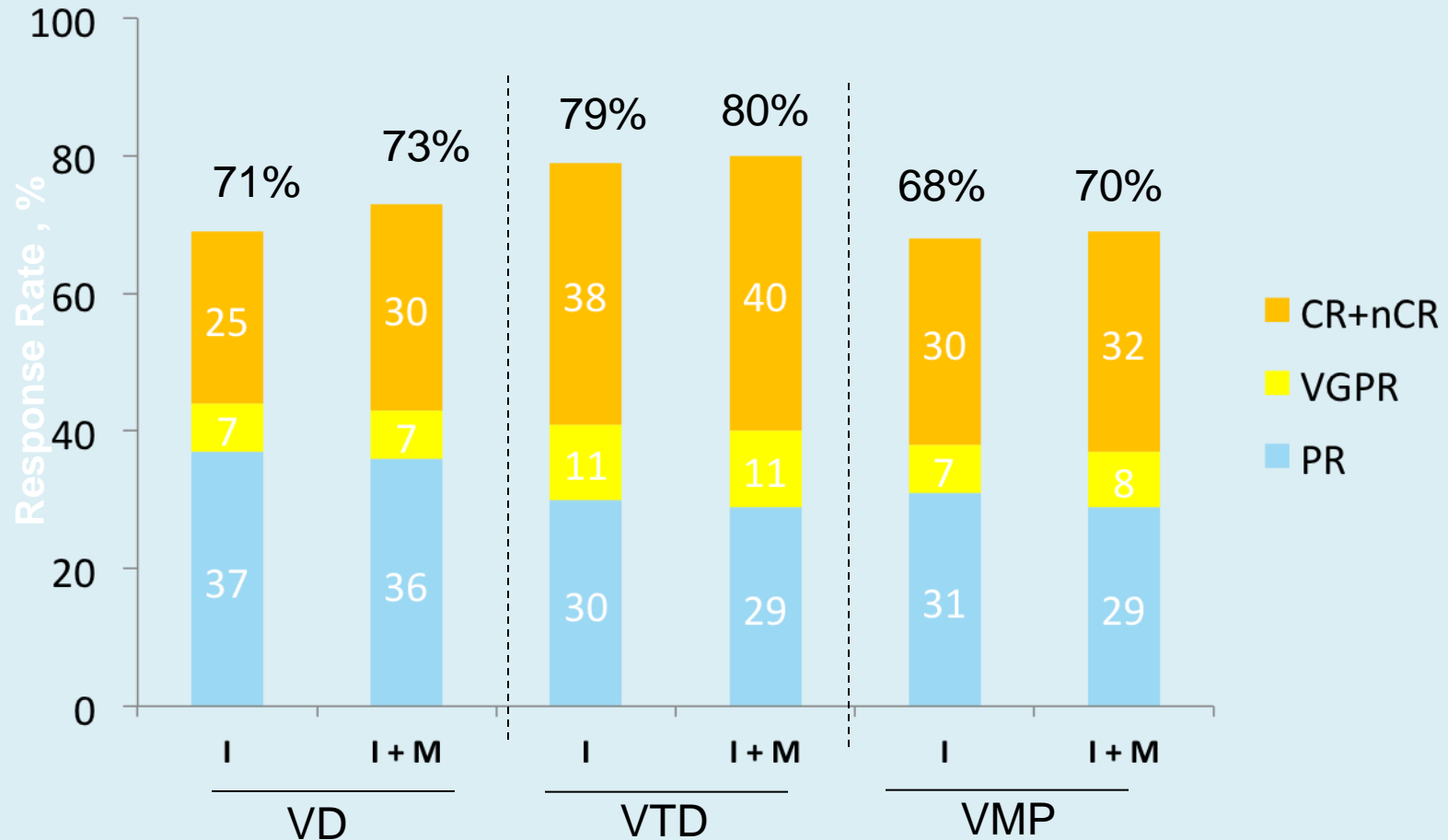
- Primary end-point: PFS, secondary end-points: ORR, OS, TTNT

\*Jediným aktuálně schváleným režimem s bor v primoléčbě u netransplantabilních pacientů je režim VMP (dle SPC Velcade v01/2014).



# Phase 3 UPFRONT Trial – VD vs VTD vs VMP: Response Rates

- $\geq$  VGPR rates were higher in VTD compared to VD ( $p = 0.0153$ )



**Nestačí zvláště u fragilních  
a starších nemocných  
jen IMiD nebo PI  
s dexametazonem?**

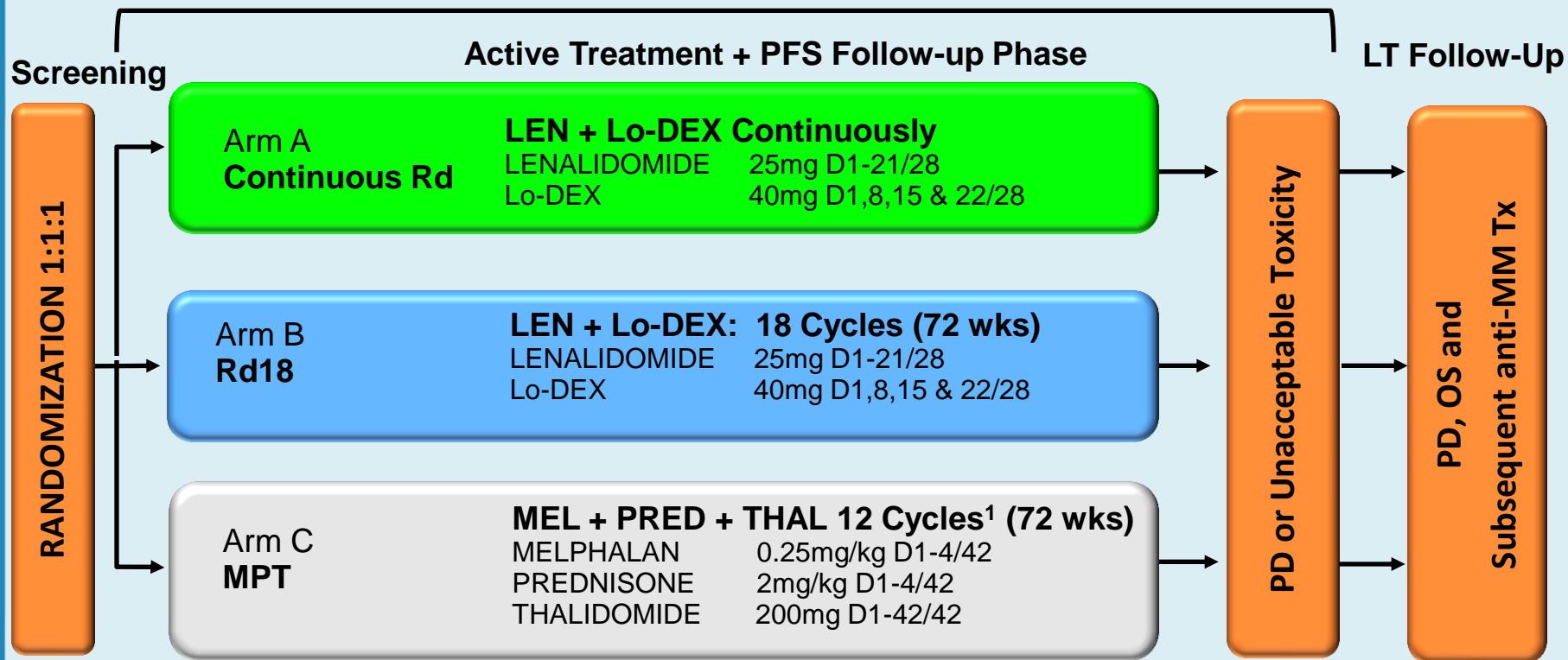
## Abstract 2

# Continuous Lenalidomide and Low-dose Dexamethasone Demonstrates a Significant PFS and OS Advantage in Transplant Ineligible NDMM Patients – The FIRST Trial: MM-020/IFM 0701

- Thierry Facon, Meletios A. Dimopoulos, Angela Dispenzieri, John V. Catalano, Andrew R. Belch, Cyrille Hulin, Michele Cavo, Antonello Pinto, Katja Weisel, Heinz Ludwig, Nizar J. Bahlis, Anne Banos, Mourad Tiab, Michel Delforge, James D. Cavenagh, Catarina Geraldes, Je-Jung Lee, Christine I. Chen, Albert Oriol, Javier De La Rubia, Lugui Qiu, Darrell J. White, Daniel Binder, Kenneth C. Anderson, Philippe Moreau, Michel Attal, Robert Knight, Guang Chen, Jason Van Oostendorp, Christian J. Jacques, Annette Ervin-Haynes, Lotfi Benboubker

Facon T, et al. Continuous Lenalidomide and Low-dose Dexamethasone Demonstrates a Significant PFS and OS Advantage in Transplant Ineligible NDMM Patients – The FIRST Trial: MM-020/IFM 0701. *Plenary presentation at: American Society of Hematology*. 2013; December 7-10; New Orleans, LA.

# FIRST Trial: Study Design



*Pts > 75 yrs: Lo-DEX 20 mg D1, 8, 15 & 22/28; THAL<sup>2</sup> (100 mg D1-42/42); MEL<sup>2</sup> 0.2 mg/kg D1-4*

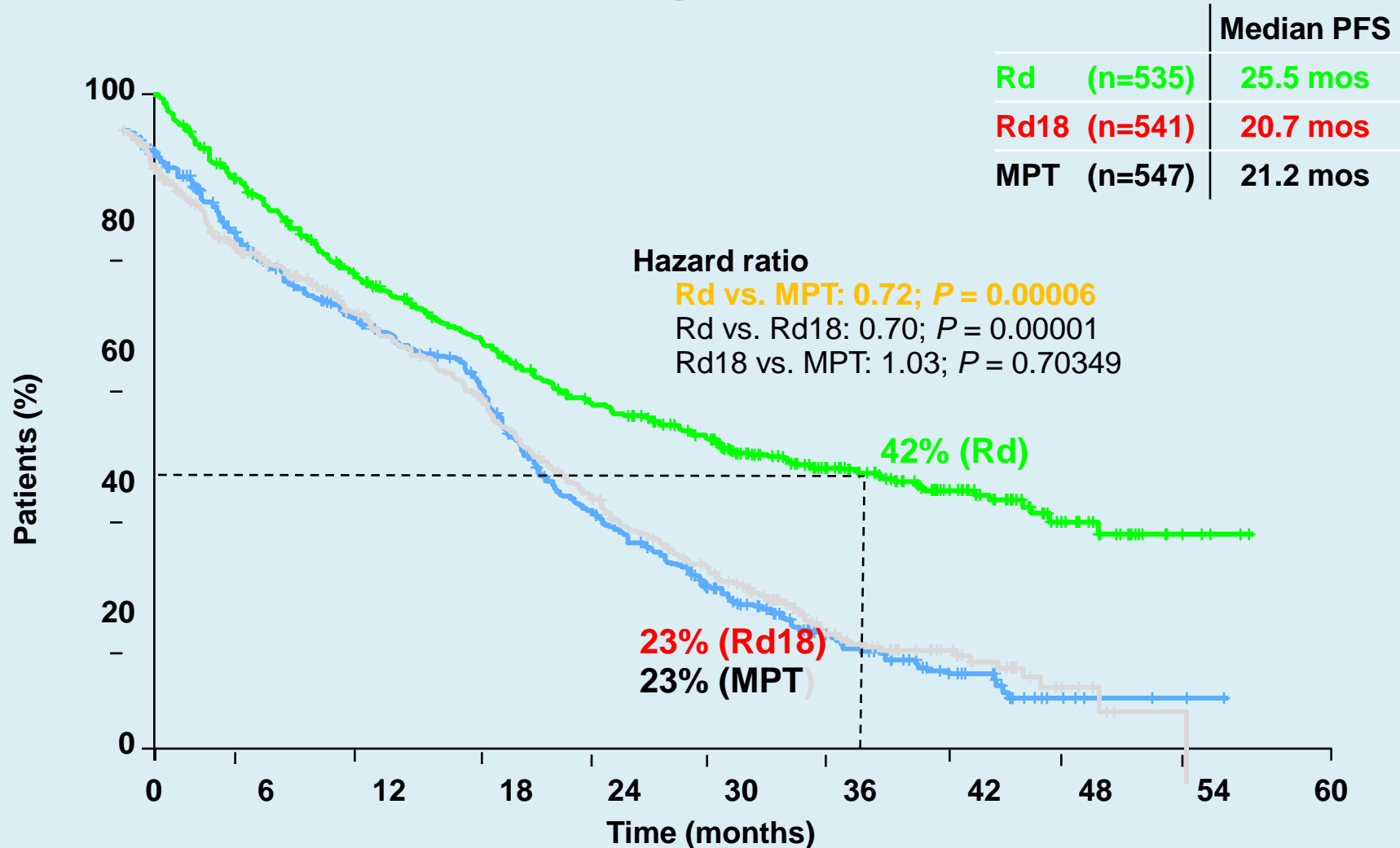
- Stratification: age, country and ISS stage

ISS, International Staging System; LT, long-term; PD, progressive disease; OS, overall survival

<sup>1</sup>Facon T, et al. Lancet 2007;370:1209-18; <sup>2</sup>Hulin C, et al. JCO. 2009;27:3664-70.

Facon T, et al. Continuous Lenalidomide and Low-dose Dexamethasone Demonstrates a Significant PFS and OS Advantage in Transplant Ineligible NDMM Patients – The FIRST Trial: MM-020/IFM 0701. Plenary presentation at: American Society of Hematology. 2013; December 7-10; New Orleans, LA.

# FIRST Trial: Final Progression-free Survival

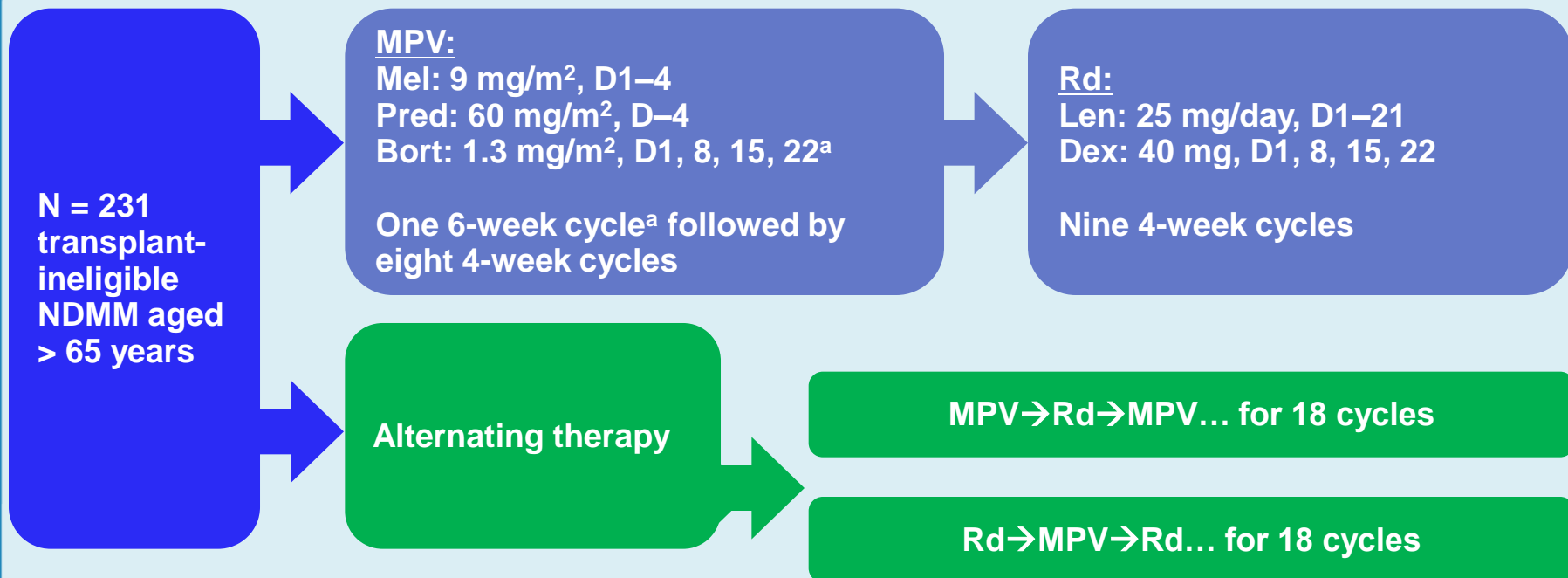


Rd	535	400	319	265	218	168	105	55	19	2	0
Rd18	541	391	319	265	167	108	56	30	7	2	0
MPT	547	380	304	244	170	116	58	28	6	1	0

# Nové přístupy

# Sequential vs Alternating VMP and Rd in NDMM

- **Randomized phase 2 study** to compare the efficacy and safety of two treatment schemes (MPV followed by Rd or MPV alternating with Rd)



- Primary end-points: TTP, safety; secondary end-points: RR, DOR, OS
- Subanalysis in patients with high-risk cytogenetics

<sup>a</sup> During the first cycle (6 weeks), bortezomib is given on D1, 4, 8, 11, 22, 25, 29, and 32.

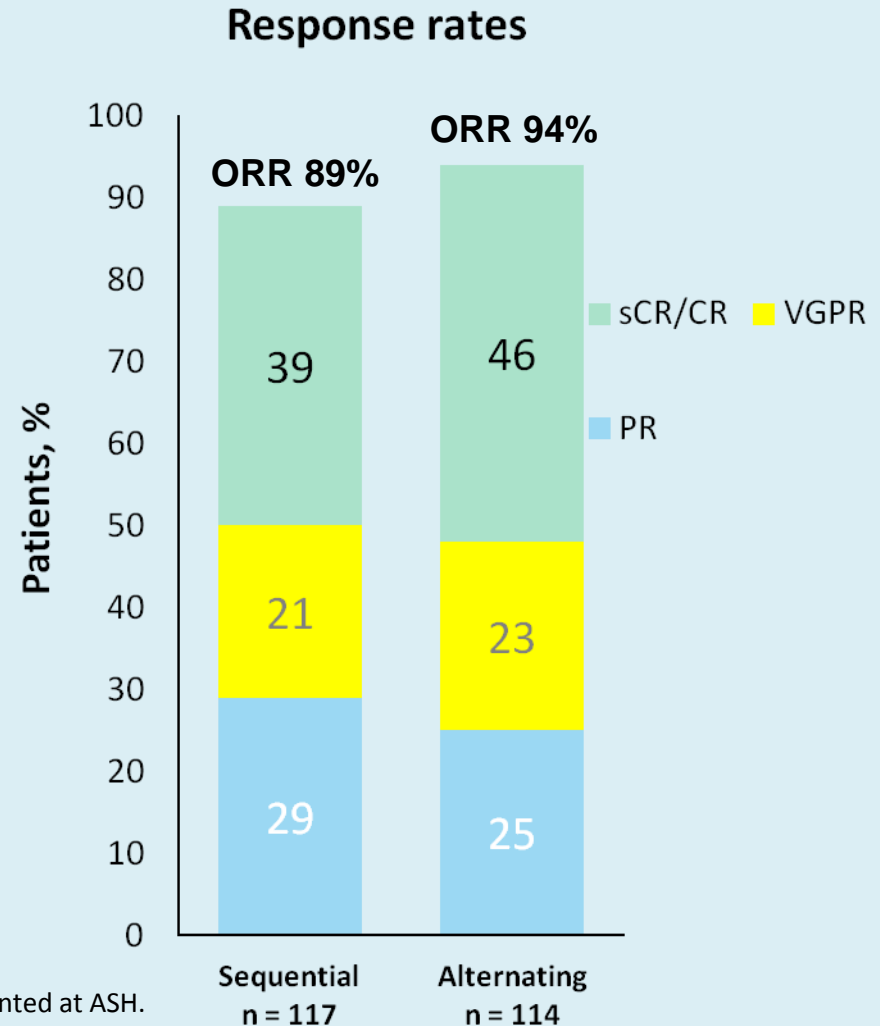
Mateos MV, et al. *Blood*. 2013;122:abstract 403. Updated data presented at ASH.

# Sequential vs Alternating VMP and Rd: Response

- Median number of 13 cycles (1-18)

## Subanalysis:

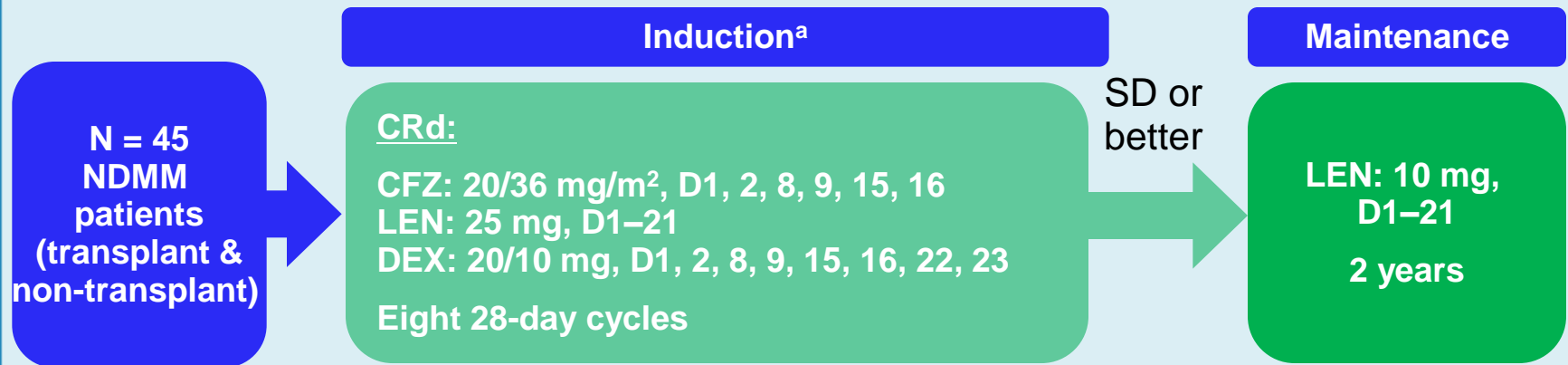
- CR rates were similar across different subgroups for both arms, including
  - pts aged < vs  $\geq$  75 yrs
  - ISS stage I/II vs III
  - cytogenetic abnormalities



Mateos MV, et al. *Blood*. 2013;122:abstract 403. Updated data presented at ASH.



# CRd (Carfilzomib, Lenalidomide, Low-Dose Dex) Followed by Lenalidomide Extended Dosing (CRd-R)



- 45 patients enrolled (median age 60 years, range 40–88)
- Median of 12 cycles of CRd-R received
- Primary objective was to determine the incidence of  $\geq$  grade 3 neuropathy, secondary objectives included correlatives (GEP, biomarkers, proteasomes, flow cytometry, PCR, etc.) and ORR, PFS, OS, DoR

<sup>a</sup> Patients < 75 years underwent stem cell collection after cycle 4, then continued therapy.

CRd, carfilzomib, Lenalidomide, low-dose dexamethasone

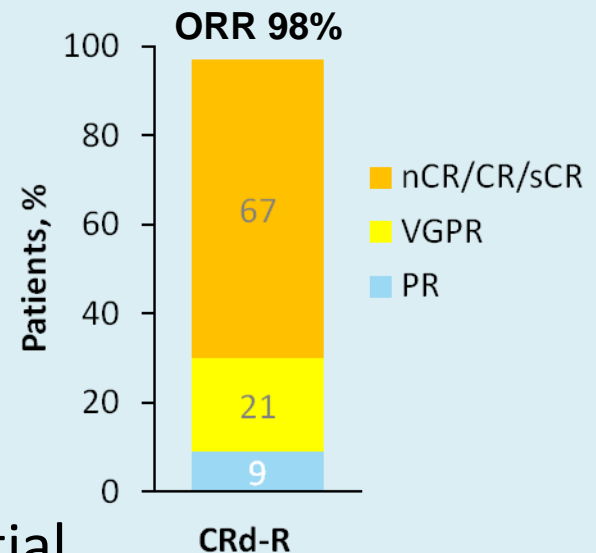
Korde N, et al. *Blood* 2013;122: abstract 653.  
Updated data presented at ASH 2013.

# CRd Followed by Lenalidomide Extended Dosing (CRd-R): Efficacy and Safety

## Efficacy

- ORR was 98%, with 88%  $\geq$ VGPR (n = 43)
- Median time to reach CR/sCR was 5 months
- Response rates based on FISH/cytogenetics or age (65 years cut-off) were non-differential
- PFS at 18 months was 91%; of 27 nCR/CR patients assessed
- by flow cytometry, all are MRD negative

Response rates



CRd, carfilzomib, lenalidomide, low-dose dexamethasone; LFT, liver function test

Korde N, et al. *Blood* 2013;122: abstract 653. Updated data presented at ASH 2013.

# Závěr

# MM: Progress in Therapeutic Options

## Key effective drugs

**Alkylating agents**

**melphalan  
cyclophosphamid  
bendamustin**

**Glucocorticoids**

**prednisolon  
dexamethason**

**IMiDs**

**thalidomide  
lenalidomide  
pomalidomide**

**Proteasome  
inhibitors**

**i.v. : bortezomib, carfilzomib, MLN, marizomib  
s.c.: bortezomib  
p.o.: MLN (ixazomib), oprozomib, delanzomib**

# MM: Future in Therapeutic Option

## IMiDs and PI combo regimens

100% - ORR; 1/3 of mCR/iCR

Alkylating agents

Glucocorticoids

IMiDs

Proteasome  
inhibitors

# MM: Futurein Therapeutic Option

## IMiDs and PI combo regimens for several treatment lines

Glucocorticoids

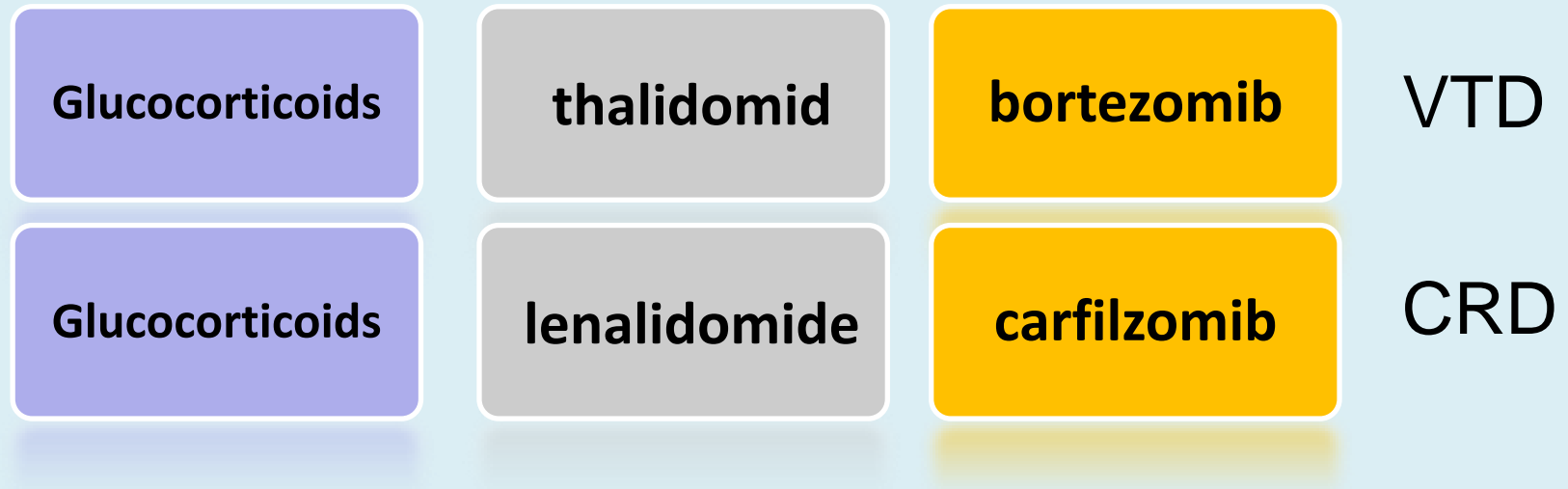
thalidomid

bortezomib

VTD

# MM: Future in Therapeutic Option

## IMiDs and PI combo regimens for several treatment lines



# MM: Future in Therapeutic Option

## IMiDs and PI combo regimens for several treatment lines

Glucocorticoids	thalidomid	bortezomib	VTD
Glucocorticoids	lenalidomide	carfilzomib	CRD
Glucocorticoids	pomalidomide	ixazomib	IPD



# MM: Future in Therapeutic Option

## IMiDs and PI combo regimens for several treatment lines

Glucocorticoids	thalidomid	bortezomib	VTD
Glucocorticoids	lenalidomide	carfilzomib	CRD
Glucocorticoids	pomalidomide	ixazomib	IPD
Glucocorticoids	pomalidomide	oprozomib	OPD

# Combinations of IMiDs and PIs with Glucocorticoids are the most effective regimens

There is not cross resistance thus rotation of different members from IMiDs and PIs is possible in RRMM

Moreover some of regimens are fully „per os“ regimen

Glucocorticoids

pomalidomide

ixazomib

VTD

CRD

IPD

Glucocorticoids

pomalidomide

oprozomib

OPD

# MM: Progress in Therapeutic Options

## Key effective drugs

Alkylating agents

Glucocorticoids

IMiDs

Proteasome  
inhibitors

Despite many novel agents  
evaluation in the clinical  
trials phase I/II

IMiDs and PIs

remain key players &  
backbone of myeloma  
treatment on NDMM, as well  
as RRMM for this decade

# Acknowledgement

**Babak Myeloma Group**  
**Dept. of Pathological Physiology,**  
**Faculty of Medicine, MU**

Grešliková Henrieta  
Kryukov Fedor  
Kubiczková Lenka  
Kupská Renata  
Mikulášová Aneta  
Muthu Raja K.R.  
Mužíková Jana  
Němec Pavel  
Perutka Tomáš  
Piskacek Martin  
Potáčová Anna  
Sáblíková Barbora  
Smejkalová Jana  
Smetana Jan  
Ševčíková Sabina  
Šváchová Hana

**Department of Clinical**  
**Hematology**  
**University Hospital Brno**

**Penka Miroslav**  
Almáši Martina  
Hanáková Božena  
Kyjovská Drahomíra  
Řihová Lucie  
Suská Renata  
Štouračová Marcela  
Varmužová Tamara  
Zarbochová Pavla

**Laboratory of**  
**molecular**  
**cytogenetic,**  
**Department of**  
**Experimental Biology,**  
**Faculty of Science, MU**

**Kuglík Petr**



**Department of Haematooncology**

**University Hospital Ostrava**

Laura Adámková, Cecília Bodzásová,  
Juraj Ďuráš, Jaromír Gumulec,  
Zdeněk Kořístek, Tomáš Jelínek,  
Michal Kaščák, Milan Matuška,  
Milan Navrátil, Hana Plonková,  
Zahradová Lenka, Jana Zuchnická,  
Lenka Martinková , Eva Jarošová,  
Eva Jakšíková, Petra Vrublová

**Institute of Biostatistics**  
**and Analyses**  
**Faculty of Medicine, MU**

Jarkovský Jiří  
Budinská Eva  
Ihnatová Ivana

Thank you for your attention.

